

Register online at:

www.ica-usa.org

Registration Fee: \$210

- includes overnight stay Friday, bed linens included
- bring personal items and towel/washcloth
- all meals & snacks included

Early Registration: \$195

Due by July 30, 2009

Saturday overnight stay and Sunday breakfast is an additional \$58

Limited to the first 40 persons to register

Local Contacts:

Alan Gammel
253-376-3983

agammel@ix.netcom.com

Molly Shaw

206-367-9167

mollyshaw54@gmail.com

Directions to the centre:

www.cityoffederalway.com/Page.aspx?view=567

cover graphic by Doc Ross

Participants say:

A gift of empowerment. The PJD helped me to look at the life-changing events of my life and how my choices in response have been led by a deep and profound grace that I can trust now and into the future. I am energized!

~Rev. Susan Davis, Endicott, NY

The concepts here will stick with me for my life journey. They will keep me honest and humble and drive me to act on behalf of all that is good. I feel this PJD is a crucial part of my journey.

~Ashleigh Rader, student,
Iowa State University

Regardless of creed, these are profound understandings that we need to hold in our awareness on this journey of care.

~Dr. Robert True, Jersey City

These days, hopeful and deep conversations about the profound journey are practical, possible and sorely needed. I can imagine this particular seminar throughout our network.

~Lisel Burns, Brooklyn, NY
Nat'l Congress of Neighborhood Women



Profound Journey Dialog

October 30-31, 2009

Friday 5:00pm – 8:30pm
Registration from 3:00 pm
Saturday 8:00am – 8:30pm

Dumas Bay Centre
3200 SW Dash Point Rd
Federal Way, WA 98023

Between Seattle and Tacoma
(near SeaTac Airport)

About the **Profound Journey Dialog**

In the midst of changing life situations, economic crises, and information overload, big questions arise....

The **Profound Journey Dialog**

- deepens our perspective on the meaning of our journeys
- motivates us to rethink the rest of our lives
- occasions hope
- seeds personal and Earth transformation

Guides:

John P. Cock - writer, blogger
Lynda Cock - teacher,
environmental educator
Terry Bergdall - author,
international consultant
Beret Griffith - artist, writer,
trainer

Read more about past PJD's at
www.transcribebooks.com

Session One – Friday Evening
The Way Life Is
...dialog about real life and our
relationship to mystery at its heart



Session Two – Saturday Morning
**Transforming
Event/Story**
...dialog about life-changing events
and an empowering life story



Session Three – Saturday Afternoon
Responsible Freedom
...dialog about responsible decisions
in the web of relationships



Session Four – Saturday Evening
The Big Context
...dialog about building authentic
community that cares and sustains

Each session is comprised of:

- foundational talk to start the dialog
- wisdom paper for study and reflection
- individual writing to ground journey experiences
- small group dialog with 5-7 others
- large group dialog

Adding to the experience:

- guided mealtime conversations
- songs, audio-visual clips, poetry, exercise
- individual reflection and journaling



“Tell me what you plan to do with your one wild and precious life.” ~Mary Oliver, poet